



NETWORKING HEALTH CHECK

1. What don't you like about networking?

2a. Dislike one - why is this difficult for you?

2b. Dislike two - why is this difficult for you?



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2c. Dislike three - why is this difficult for you?

2d. Dislike four - why is this difficult for you?

3a. Dislike one - what is your creative workaround?

3b. Dislike two - what is your creative workaround?

3c. Dislike three - what is your creative workaround?



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3d. Dislike four - what is your creative workaround?

4. Create a list of occasions where you can put your new solutions into practice.

